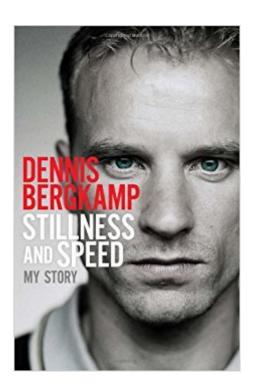


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# **Stillness And Speed: My Story**





## **Synopsis**

In Stillness and Speed, one of football's most enigmatic stars finally opens up about his life and career, revealing the things that motivate and inspire him. Viewed by many as one of the most influential figures in Premier League history, and scorer of the goal that Arsenal fans voted the best in the club's history, Dennis Bergkamp is a true giant of the game. As a youngster, Bergkamp learned from the Dutch master Johan Cruyff. By the time the pupil was ready to graduate from Ajax and move abroad, he was ready to spread the word, but in Italy he found few willing listeners. It was only when he moved to Arsenal and linked up with Arsene Wenger that he met someone else who shared his vision for football's possibilities. Bergkamp became central to everything the club did: now he had become the teacher, their creative genius, and the one who inspired some of the wayward old guard to new heights, helping them to seven major trophies. Few footballers' books make you think anew, but in Stillness and SpeedBergkamp presents a new vision for the game and how it might be played. He was a player like no other; his story is told like no other. It is a book that will inspire football fans everywhere, whatever their allegiance.

## **Book Information**

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### Customer Reviews

Born in Amsterdam in 1969, Dennis Bergkamp began his hugely successful career at Ajax, before moving to Inter Milan and then on to Arsenal in 1995, where he was a central figure in the side that won three league titles and four FA Cups. He also won 79 caps for the Netherlands. He is currently assistant manager at Ajax.

The structure of this book is interesting. Obviously, there's the usual progression through the

subject's career. I found how lengthy comments from former teammates and managers are interspersed throughout to be interesting. They aren't just included as part of the narrative. You actually get Dennis responding to them, which adds depth. Overall, I like how much the book is about how Dennis thinks about the game, both from his own perspective and more broadly. It's not just a linear narrative of a life and accomplishments.

Stillness and Speed - My Story - Dennis Bergkamp. Probably the one of the best books I've read about football (soccer). Not just the usual tittle tattle and over the top memoir nonsense. This is about the beauty of the game; the heights of elegance, genius and self expression the game can reach. From a young prospect at Ajax to his great days at Arsenal this is a book that commands just as much respect as the qualities of Bergkamp's sublime skills as a player. A must for serious lovers of "The Beautiful Game".

Very good book for soccer lovers, coaches/trainers, and insiders. It gives a lot of information of how he as a player developed and learned when he was young as well as how he fared playing professionally. It shows how the basics of soccer he learned was without coaches or organization on the streets of Amsterdam-street soccer. it also a good book to use as a link to find other books, for example, on how Johan Cruyff's philosophy of soccer has made Ajax/Barcelona style of play and player development so famous world-wide. This is the type of book that will do more for coaches/trainers(if you know what to look for) then buying some useless book on soccer coaching

I have always been a huge fan of Dennis and this book does not dissapoint. A legend to us Arsenal fans but also a role model to many. His skill was undeniable and this book not only gives you an insight into what went through his mind while learning about the game but also an in depth look into his colorful career and those who helped, or hindered his progress. A few new things come to light as well.

An excellent book full of brilliant ideas and observations on football and also sport at a basic level of movement and perception. It's often thought provoking. The part where Dennis relates Wenger's idea about having to "serve the game" has changed how I think about football and also anything I take up from now on.

Both the character and author are brilliant. In Bergkamp, the author has a player with a global

appeal. In the way he has written it, the author has got the structure just perfect.

For me this was a very good sports book. The author has an excellent rapport with his subject and the interviews with Bergkamp are insightful and intelligent. Getting to the roots of Bergkamps philosophies around football is the best part of the book. I disliked the chapters in the middle of the book which had large inputs from Arsenal colleagues like Ian Wright, Tony Adams, Patrick Vieira and Thierry Henry. Wright (good player that he was) is the antithesis of Bergkamp and his offerings give nothing to the book. His input is boring. Henry and Vieira likewise indulge in a lot of backslapping (he was a great player, there was no one like Dennis etc). Boring. Adams in fairness gives views that are more interesting. Giuseppe Bergomi the same. In fact if this book had more about Bergkamps present work at Ajax and relationship with Cryuff it would have been much better. That said it is still a really good read.

A book for all arsenal fans and football lovers in general. Insightful and engagingly honest, Bergkamp offers the reader insight into his perceptions of the game - how it works as a dance in which engages. How space and time are the ultimate tools which he uses so effectively. An unexpectedly humble and unaffected man, simply using his extraordinary ability to create perfection on the pitch. Loved it.

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